

# Ring Size Chart

U.K sizes	U.S sizes	Metric Size (mm)	Inside diameter (mm)	12 B&A ga.(2.1 mm)	14 (1.6mm)	16 (1.3mm)	18 (1mm)	20 (0.8mm)	22 (0.6mm)	24 (0.5mm)
B 1/2	1	39	12.4	45.5	44	43	42.1	41.5	40.8	40.5
C	1 1/4	39.6	12.6	46.2	44.6	43.6	42.7	42.1	41.5	41.1
C 1/2	1 1/2	40.2	12.8	46.8	45.2	44.3	43.3	42.7	42.1	41.8
D	1 3/4	40.8	13	47.4	45.8	44.9	44	43.3	42.7	42.4
D 1/2	2	41.5	13.2	48	46.5	45.5	44.6	44	43.3	43
E	2 1/4	42.1	13.4	48.7	47.1	46.2	45.2	44.6	44	43.6
E 1/2	2 1/2	42.7	13.6	49.3	47.7	46.8	45.8	45.2	44.6	44.3
F	2 3/4	43.4	13.8	49.9	48.4	47.4	46.5	45.8	45.2	44.9
F 1/2	3	44	14	50.6	49	48	47.1	46.5	45.8	45.5
G	3 1/4	44.6	14.2	51.2	49.6	48.7	47.7	47.1	46.5	46.2
G 1/2	3 1/2	45.2	14.4	51.8	50.2	49.3	48.4	47.7	47.1	46.8
H	3 3/4	45.9	14.6	52.4	50.9	49.9	49	48.4	47.7	47.4
H 1/2	4	46.5	14.8	53.1	51.5	50.6	49.6	49	48.4	48
I	4 1/4	47.1	15	53.7	52.1	51.2	50.2	49.6	49	48.7
I 1/2	4 1/2	47.8	15.2	54.3	52.8	51.8	50.9	50.2	49.6	49.3
J	4 3/4	48.4	15.4	55	53.4	52.4	51.5	50.9	50.2	49.9
J 1/2	5	49	15.6	55.6	54	53.1	52.1	51.5	50.9	50.6
K	5 1/4	49.6	15.8	56.2	54.6	53.7	52.8	52.1	51.5	51.2
K 1/2	5 1/2	50.3	16	56.8	55.3	54.3	53.4	52.8	52.1	51.8
L	5 3/4	50.9	16.2	57.5	55.9	55	54	53.4	52.8	52.4
L 1/2	6	51.5	16.4	58.1	56.5	55.6	54.6	54	53.4	53.1
M	6 1/4	52.2	16.6	58.7	57.1	56.2	55.3	54.6	54	53.7
M 1/2	6 1/2	52.8	16.8	59.3	57.8	56.8	55.9	55.3	54.6	54.3
N	6 3/4	53.4	17	60	58.4	57.5	56.5	55.9	55.3	55
N 1/2	7	54	17.2	60.6	59	58.1	57.1	56.5	55.9	55.6
O	7 1/4	54.7	17.4	61.2	59.7	58.7	57.8	57.1	56.5	56.2
O 1/2	7 1/2	55.3	17.6	61.9	60.3	59.3	58.4	57.8	57.1	56.8
P	7 3/4	55.9	17.8	62.5	60.9	60	59	58.4	57.8	57.5
P 1/2	8	56.6	18	63.2	61.5	60.6	59.7	59	58.4	58.1
Q	8 1/4	57.2	18.2	63.7	62.2	61.2	60.3	59.7	59	58.7
Q 1/2	8 1/2	57.8	18.4	64.4	62.8	61.9	60.9	60.3	59.7	59.3
R	8 3/4	58.4	18.6	65	63.4	62.5	61.5	60.9	60.3	60
R 1/2	9	59.1	18.8	65.6	64.1	63.1	62.2	61.5	60.9	60
S	9 1/4	59.7	19	66.3	64.7	63.7	62.8	62.2	61.5	61.2
S 1/2	9 1/2	60.3	19.2	66.9	65.3	64.4	63.4	62.8	62.2	61.9
T	9 3/4	60.9	19.4	67.5	65.9	65	64.1	63.4	62.8	62.5
T 1/2	10	61.6	19.6	68.1	66.6	65.6	64.7	64.1	63.4	63.1
U	10 1/4	62.2	19.8	68.8	67.2	66.3	65.3	64.7	64.1	63.7
U 1/2	10 1/2	62.8	20	69.4	67.8	66.9	65.9	65.3	64.7	64.4
V	10 3/4	63.5	20.2	70	68.5	67.5	66.6	65.9	65.3	65
V 1/2	11	64.1	20.4	70.7	69.1	68.1	67.2	66.6	65.9	65.6
W	11 1/4	64.7	20.6	71.3	69.7	68.8	67.8	67.2	66.6	66.3
W 1/2	11 1/2	65.3	20.8	71.9	70.3	69.4	68.5	67.8	67.2	66.9
X	11 3/4	66	21	72.5	71	70	69.1	68.5	67.8	67.5
X 1/2	12	66.6	21.2	73.2	71.9	70.7	69.7	69.1	68.5	68.1
Y	12 1/4	67.2	21.4	73.8	72.2	71.3	70.3	69.7	69.1	68.8
Y 1/2	12 1/2	67.9	21.6	74.4	72.8	71.9	71	70.3	69.7	69.4
Z	12 3/4	68.5	21.8	75	73.5	72.5	71.6	71	70.3	70
Z 1/2	13	69.1	22	75.7	74.1	73.2	72.2	71.6	71	70.7

FURTHER INFORMATION:

[www.creativetherapy.space/resources](http://www.creativetherapy.space/resources)



@creativeresa